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Region 6 Homeland Security Board and Safeguard Iowa Partnership Announce Week 13 of “20 Weeks to Preparedness Program”

Release Date: May 7, 2012

Release Number: 14

Welcome to Week 13 of the 20 Weeks to Preparedness Program brought to you by the Region 6 Homeland Security Board and Safeguard Iowa Partnership. This program will help to better prepare you and your family, a little at a time, over a 20 week period. Each week new preparedness information will be shared in this publication including a list of items to gather or purchase for your disaster supply kit. Sign up at www.safeguardiowa.org/subscribe-to-be-prepared to receive weekly reminders and announcements related to the 20 Weeks to Preparedness program.

Use this program to gather items for your kit in small steps over a five month period. Remember to change and replace perishable items by the expiration date. Purchasing the food suggested by this program would last approximately 3-5 days.

Place in storage bin:

- ✓ Fire extinguisher
- ✓ Antacid
- ✓ Hammer and nails
- ✓ Crackers and peanut butter and jelly

Personalized Item (if applicable):

- ✓ Extra prescription glasses

To do:

- ✓ Review and finish video task.

Additional assistance is available by contacting your local Emergency Management Coordinator at 319-356-6761 or visiting their website at www.jecc-ema.org Visit Safeguard Iowa Partnership at www.safeguardiowa.org

The Region 6 Homeland Security Board is comprised of fourteen counties in eastern Iowa that coordinate homeland security planning, training, exercise, response, and recovery. The counties included are Benton, Black Hawk, Buchanan, Cedar, Clayton, Clinton, Delaware, Dubuque, Iowa, Jackson, Johnson, Jones, Linn, and Scott.